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November 18, 2003

Attorney Docket No.: 08457-002005

Mail Stop Patent Application

Commissioner for Patents

P.O. Box 1450

Alexandria, VA 22313-1450

Presented for filing is a new continuation-in-part patent application of:

Applicant: ROGER HARRIS AND MARK DUNNETT

Title: METHODS AND COMPOSITIONS FOR INCREASING THE
ANAEROBIC WORKING CAPACITY IN TISSUES

Enclosed are the following papers, including those required to receive a filing date
under 37 CFR §1.53(b):

	<u>Pages</u>
Specification	34
Claims	6
Abstract	1
Declaration	[To be Filed at a Later Date]
Drawing(s)	19

Enclosures:

- Small entity statement. This application is entitled to small entity status.
- Postcard.

CERTIFICATE OF MAILING BY EXPRESS MAIL

Express Mail Label No. November 18, 2003

EV399292027US

Date of Deposit

22783 U.S. PTO
111803

Frederick P. Fish
1855-1930

W.K. Richardson
1859-1951



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This application is a continuation-in-part (and claims the benefit of priority under 35 USC 119(e) of U.S. provisional application serial no. 60/462,238, filed April 10, 2003. This application also claims priority to U.S. application serial no. 10/209,169, filed July 30, 2002, which is a continuation of U.S. application serial no. 09/757,782, filed January 9, 2001, now U.S. Patent No. 6,426,361, which is a continuation of U.S. application serial no. 09/318,530, filed May 25, 1999, now U.S. Patent No. 6,172,098, which is a divisional of U.S. application serial no. 08/909,513, filed August 12, 1997, now U.S. Patent No. 5,965,596, which claims the benefit of foreign priority under 35 USC 119 to United Kingdom application nos. 9621914.2, filed October 21, 1996, and 9616910.7, filed August 12, 1996. The disclosure of the prior applications are considered part of (and is incorporated by reference in) the disclosure of this application.

Basic filing fee	\$385
Total claims in excess of 20 times \$9	\$198
Independent claims in excess of 3 times \$43	\$215
Fee for multiple dependent claims	\$145
Total filing fee:	\$943

Under 37 CFR §1.53(f), no filing fee is being paid at this time.

If this application is found to be incomplete, or if a telephone conference would otherwise be helpful, please call the undersigned at (858) 678-5070.

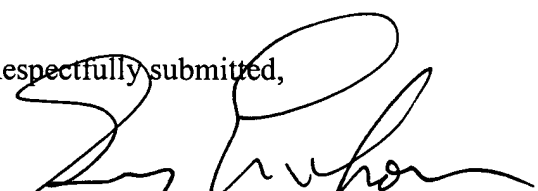
Kindly acknowledge receipt of this application by returning the enclosed postcard.

Please direct all correspondence to the following:

20985

PTO Customer Number

Respectfully submitted,


Gregory P. Einhorn

Reg. No. 38,440

Enclosures

GPE/jar

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